

POOL SCHEDULE WINTER 2026

March 2nd - March 8th

	Monday March 2		Tuesday March 3		Wednesday March 4		Thursday March 5		Friday March 6		Saturday March 7		Sunday March 8	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00														
6:15														
6:30														
6:45														
7:00	Leisure Swim	Lap Swim	Leisure Swim	Lap Swim			Leisure Swim	Lap Swim	Leisure Swim	Lap Swim				
7:15	6:00a - 8:25a	6:00a - 9:10a	6:00a - 8:25a	6:00a - 9:10a			6:00a - 9:10a	6:00a - 9:10a	6:00a - 9:10a	6:00a - 9:10a				
7:30														
7:45														
8:00														
8:15														
8:30														
8:45	Combo Aquafit	8:30a - 9:15a	Deep Aquafit	8:30a - 9:15a			Deep Aquafit	8:30a - 9:15a			Leisure Swim	Lap Swim	Leisure Swim	Lap Swim
9:00											8:00a - 9:10a	8:00a - 9:10a	8:00a - 8:55a	8:00a - 8:55a
9:15														
9:30	Combo Aquafit	9:15a - 10:00a	Shallow Aquafit	9:15a - 10:00a	Shallow Aquafit	9:15a - 10:10a	Shallow Aquafit	9:15a - 10:00a	Combo Aquafit	9:15a - 10:10a	Aquafit	9:15a - 10:00a		
9:45														
10:00														
10:15	Leisure Swim		Leisure Swim											
10:30	10:15a - 10:30a		10:05a - 10:55a		Leisure Swim	Lap Swim	Leisure Swim	Lap Swim	Leisure Swim	Lap Swim	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons
10:45	Swimming Lessons	Lap Swim	Swimming Lessons	Lap Swim	10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 1:15p	10:15a - 3:00p	9:00a - 1:00p	9:00a - 1:00p
11:00	10:30a - 11:30a	10:15a - 11:55a	11:00a - 11:30a	10:15a - 11:55a										
11:15	Leisure Swim		Leisure Swim											
11:30	11:30a - 11:55a													
11:45														
12:00 PM	Fit Together	12:00p - 12:45p	H2O HITT	12:00p - 12:45p	Fit Together	12:00p - 12:45p	Fit Together	12:00p - 12:45p	H2O HITT	12:00p - 12:45p	No Lap or Leisure Swim Available			
12:15 PM														
12:30 PM														
12:45 PM														
1:00 PM	Fit Together	1:00p - 1:45p			Fit Together	1:00p - 1:45p	Fit Together	1:00p - 1:45p						
1:15 PM														
1:30 PM					Swimming Lessons	Lap Swim								
1:45 PM					1:30p - 3:00p	1:50p - 4:25p								
2:00 PM														
2:15 PM														
2:30 PM														
2:45 PM														
3:00 PM	Leisure Swim	Lap Swim	Leisure Swim	Lap Swim			Leisure Swim	Lap Swim	Leisure Swim	Lap Swim				
3:15 PM	1:50p - 4:25p	1:50p - 4:25p	12:50p - 4:25p	12:50p - 4:25p			1:50p - 4:25p	1:50p - 4:25p	12:50p - 3:55p	12:50p - 3:55p				
3:30 PM														
3:45 PM														
4:00 PM					Leisure Swim	4 Lanes Avail. 4:00p - 4:30p								
4:15 PM					3:30p - 4:25p									
4:30 PM														
4:45 PM	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons				
5:00 PM	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:00p	4:30p - 7:00p	4:30p - 7:00p	4:30p - 7:30p	4:00p - 6:30p	4:00p - 6:30p				
5:15 PM														
5:30 PM														
5:45 PM														
6:00 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available		2 Lanes Available				
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM		2 Lanes avail. Lap Swim 7:00p - 7:30p		1 Lane avail. Lap Swim 4:30p - 5:30p & 7:00p - 7:30p			3 Lanes avail. Lap Swim 7:00p - 7:30p							
7:15 PM														
7:30 PM														
7:45 PM														
8:00 PM			Fit Together	7:30p - 8:30p	Leisure Swim	7:05p - 9:25p	Leisure Swim	7:05p - 9:25p						
8:15 PM														
8:30 PM	Leisure Swim	Lap Swim												
8:45 PM	7:30p - 9:25p	7:30p - 9:25p												
9:00 PM			Leisure Swim	Shared Space										
9:15 PM			8:30p - 9:25p	8:30p - 9:25p										
9:30 PM														

NOTE: Children 5 years old and younger: 1:2
 Children 6 & 7: 1:4
 Children 8 & over: 1:10

Parents must be within arms reach in the pool following these ratios:

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *