

POOL SCHEDULE WINTER 2026

January 5 - 11

Monday Jan 5			Tuesday Jan 6			Wednesday Jan 7			Thursday Jan 8			Friday Jan 9			Saturday Jan 10			Sunday Jan 11		
Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool
6:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a	Leisure Swim 9:00a - 1:00p	Lap Swim 9:00a - 1:00p		
6:15 AM																				
6:30 AM																				
6:45 AM																				
7:00 AM																				
7:15 AM																				
7:30 AM																				
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8:00 AM																				
8:15 AM	Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a			
8:30 AM																				
8:45 AM																				
9:00 AM	Combo Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a			
9:15 AM																				
9:30 AM																				
9:45 AM	Leisure Swim 10:15a - 10:30 Swimming Lessons 10:30 - 11:30a Leisure Swim 11:30a - 11:55a		Leisure Swim 10:05a - 10:55a Swimming Lessons 11:00a - 11:30a Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a		Leisure Swim 10:15a - 11:55a Lap Swim 10:15a - 11:55a			
10:00 AM																				
10:15 AM																				
10:30 AM	Fit Together 12:00p - 12:45p		H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p			
10:45 AM																				
11:00 AM																				
11:15 AM	Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p			
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12:00 PM	Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p			
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1:30 PM	Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p			
1:45 PM																				
2:00 PM																				
2:15 PM	Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 1:50p - 4:30p			
2:30 PM																				
2:45 PM																				
3:00 PM	3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p		3 Lanes 4:00p - 4:30p			
3:15 PM																				
3:30 PM																				
3:45 PM	Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p			
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4:30 PM	No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available			
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6:00 PM	No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available			
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6:30 PM																				
6:45 PM	2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p		2 Lanes avail. Lap Swim 7:00p - 7:30p			
7:00 PM																				
7:15 PM																				
7:30 PM	Leisure Swim 7:30 - 9:25p		Lap Swim 7:30 - 9:25p		Leisure Swim 7:05p - 9:25p		Lap Swim 7:30p - 9:25p		Leisure Swim 7:05p - 9:25p		Lap Swim 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p		Shared Space 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p			
7:45 PM																				
8:00 PM																				
8:15 PM	Leisure Swim 7:30 - 9:25p		Lap Swim 7:30 - 9:25p		Leisure Swim 7:05p - 9:25p		Lap Swim 7:30p - 9:25p		Leisure Swim 7:05p - 9:25p		Lap Swim 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p		Shared Space 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p			
8:30 PM																				
8:45 PM																				
9:00 PM	Leisure Swim 8:30p - 9:25p		Shared Space 8:30p - 9:25p		Leisure Swim 8:30p - 9:25p		Lap Swim 8:30p - 9:25p		Leisure Swim 8:30p - 9:25p		Lap Swim 8:30p - 9:25p		Leisure Swim 8:30p - 9:25p		Shared Space 8:30p - 9:25p		Leisure Swim 8:30p - 9:25p			
9:15 PM																				
9:30 PM																				
NOTE: Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:4 Children 6 & 7: 1:6 Children 8 & over: 1:10																				
NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.																				
Aquafit - No Lap/Leisure Swim Available		Leisure Pool Available/All Lanes in for Lap Swim		Swim Lessons - No Lap/Leisure Swim Available		Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim		Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim		Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons		Family Swim - Waterslide May be Open *Subject to change based on staffing*								
* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club. For more information on these programs, please see the Sports Desk *																				