

POOL SCHEDULE WINTER 2026

January 26th - February 1st

Monday Jan 26			Tuesday Jan 27			Wednesday Jan 28			Thursday Jan 29			Friday Jan 30			Saturday Jan 31			Sunday Jan 32			
Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	Leisure Pool		Lap Pool	
6:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a			
6:15 AM																					
6:30 AM																					
6:45 AM																					
7:00 AM																					
7:15 AM																					
7:30 AM																					
7:45 AM																					
8:00 AM																					
8:15 AM																					
8:30 AM	Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a						Leisure Swim 8:00a - 9:10a		Lap Swim 8:00a - 9:10a		Leisure Swim 8:00a - 8:55a		Lap Swim 8:00a - 8:55a		
8:45 AM																					
9:00 AM	Combo Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a						
9:15 AM																					
9:30 AM																					
9:45 AM																					
10:00 AM																					
10:15 AM	Leisure Swim 10:15a - 10:30		Leisure Swim 10:05a - 10:55a		Leisure Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a		Swimming Lessons 9:00a - 1:00p		Swimming Lessons 9:00a - 1:00p		
10:30 AM																					
10:45 AM	Swimming Lessons 10:30 - 11:30a		Lap Swim 10:15a - 11:55a		Swimming Lessons 10:05a - 11:55a		Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a		Swimming Lessons 10:15a - 1:15p		Swimming Lessons 10:15a - 3:00p		
11:00 AM																					
11:15 AM																					
11:30 AM	Leisure Swim 11:30a - 11:55a																				
11:45 AM																					
12:00 PM	Fit Together 12:00p - 12:45p		H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H2O HITT 12:00p - 12:45p 1 Lap Lane Available				Swimming Lessons 10:15a - 1:15p		Swimming Lessons 10:15a - 3:00p		
12:15 PM																					
12:30 PM	Fit Together 1:00p - 1:45p				Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p								
12:45 PM																					
1:00 PM																					
1:15 PM																					
1:30 PM	Fit Together 1:00p - 1:45p				Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p								
1:45 PM																					
2:00 PM	Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Swimming Lessons 1:30p - 3:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 1:50p - 4:30p		Lap Swim 1:50p - 4:30p		Leisure Swim 12:50p - 3:55p		Lap Swim 12:50p - 3:55p		Leisure Swim 1:15p-5:25p		Bronze Cross Shared Space Rec & Lessons, 1:15p - 4:00p		
2:15 PM																					
2:30 PM																					
2:45 PM																					
2:50 PM																					
3:00 PM																					
3:15 PM																					
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3:45 PM																					
4:00 PM	3 Lanes 4:00p - 4:30p				Leisure Swim 3:30p - 4:25p		4 Lanes 4:00p - 4:30p		Leisure Swim 3:30p - 4:25p		4 Lanes 4:00p - 4:30p		Leisure Swim 3:30p - 4:25p		4 Lanes 4:00p - 4:30p		Shared Space 3:00p-5:25p		1 Lane Avail. Lap Swim 2:00p - 4:00p		
4:15 PM																					
4:30 PM																					
4:45 PM	Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:30p		Swimming Lessons 4:30p - 7:00p		Swimming Lessons 4:30p - 7:00p		Swimming Lessons 4:30p - 7:00p		Swimming Lessons 4:30p - 7:00p		Swimming Lessons 4:30p - 7:00p		Swimming Lessons 4:00p - 6:30p		Family Swim 4:00p - 5:25p		Family Swim 4:00p - 5:25p		
5:00 PM																					
5:15 PM																					
5:30 PM	No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lap or Leisure Swim Available		No Lane or Leisure Swim Available		2 Lanes Available						
5:45 PM																					
6:00 PM																					
6:15 PM																					
6:30 PM																					
6:45 PM																					
7:00 PM	2 Lanes avail. Lap Swim 7:00p - 7:30p																				
7:15 PM																					
7:30 PM																					
7:45 PM																					
8:00 PM	Leisure Swim 7:30 - 9:25p		Lap Swim 7:30 - 9:25p		Fit Together 7:30p - 8:30p				Leisure Swim 7:05p - 9:25p		Lap Swim 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p		Shared Space 7:30p - 9:25p						
8:15 PM																					
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9:15 PM																					
9:30 PM																					
<b>NOTE:</b> Parents must be within arms reach in the pool following these ratios:																		Children 5 years old and younger: 1:4 Children 6 & 7: 1:6 Children 8 & over: 1:10			
<b>NOTE:</b> Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.																					
Aquafit - No Lap/Leisure Swim Available		Leisure Pool Available/All Lanes in for Lap Swim		Swim Lessons - No Lap/Leisure Swim Available		Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim		Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim		Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons		Family Swim - Waterslide May be Open *Subject to change based on staffing*									
* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *																					