POOL SCHEDULE WINTER 2026

January 12th - January 18th

	Monday Jan 12		Tuesday Jan 13		Wednesday Jan 14		Thursday Jan 15		Friday Jan 16		Saturday Jan 17		Sunday Jan 18	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM														
7:15 AM														
7:30 AM														
7:45 AM														
8:00 AM	Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a				Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
8:15 AM														
8:30 AM														
8:45 AM														
9:00 AM	Combo Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a		Swimming Lessons 9:00a - 1:00p **No Lap or Leisure Swim Available**	Swimming Lessons 9:00a - 1:00p **No Lap or Leisure Swim Available**
9:15 AM														
9:30 AM														
9:45 AM														
10:00 AM	Leisure Swim 10:15a - 10:30	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:05a - 11:55a	Swimming Lessons 10:15a - 1:15p **No Lap or Leisure Swim Available**	Swimming Lessons 10:15a - 1:15p **No Lap or Leisure Swim Available** *2 Lane avail. Lap Swim 11:45a - 1:00p*		
10:15 AM														
10:30 AM														
10:45 AM	Swimming Lessons 10:30 - 11:30a		Swimming Lessons 11:00a - 11:30a											
11:00 AM														
11:15 AM														
11:30 AM	Leisure Swim 11:30a - 11:55a													
11:45 AM														
12:00 PM	Fit Together 12:00p - 12:45p		H20 HITT 12:00p - 12:45p **1 Lap Lane Available**		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H20 HITT 12:00p - 12:45p **1 Lap Lane Available**					
12:15 PM														
12:30 PM														
12:45 PM														
1:00 PM	Fit Together 1:00p - 1:45p				Fit Together	1:00p - 1:45p	Fit Together 1:00p - 1:45p				Leisure Swim 1:15p-5:25p	*Bronze Med* Shared Space Lap & Lessons 1:15p - 3:00p	Leisure Swim 1:15p-4:00p	*Bronze Cross* Shared Space Rec & Lessons, 1:15p - 4:00p *2 Lane Avail. 2:00p - 4:00p*
1:15 PM														
1:30 PM														
1:45 PM														
2:00 PM	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p *3 Lanes 4:00p - 4:30p*	Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p	Swimming Lessons 1:30p - 3:30p	Lap Swim 1:50p - 4:30p *4 Lanes 4:00p - 4:30p*	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p				
2:15 PM														
2:30 PM														
2:45 PM														
3:00 PM					Leisure Swim 3:30p - 4:25p							Shared Space 3:00p-5:25p	Birhtday Party Shared Space 3:00p - 4:00p	Birthday Party Lanes 1 & 2 3:00p - 4:00p
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM	Swimming Lessons 4:30p - 7:30p **No Lap or Leisure Swim Available**	Swimming Lessons 4:30p - 7:30p **No Lap or Leisure Swim Available** *2 Lanes avail. Lap Swim 7:00p - 7:30p*	Swimming Lessons 4:30p - 7:30p **No Lap or Leisure Swim Available**	Swimming Lessons 4:30p - 7:30p **No Lap or Leisure Swim Available** *1 Lane avail. Lap Swim 4:30p - 5:30p & 7:00p - 7:30p*	Swimming Lessons 4:30p - 7:00p **No Lap or Leisure Swim Available**	Swimming Lessons 4:30p - 7:00p **No Lap or Leisure Swim Available** *3 Lane avail. Lap Swim 7:00p - 7:30p*	Swimming Lessons 4:30p - 7:00p **No Lap or Leisure Swim Available**	Swimming Lessons 4:30p - 7:30p **No Lane or Leisure Swim Available**	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p ***2 Lanes Available***			Family Swim 4:00p - 5:25p	Family Swim 4:00p - 5:25p
4:15 PM														
4:30 PM														
4:45 PM														
5:00 PM														
5:15 PM														
5:30 PM														
5:45 PM														
6:00 PM														
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM					Leisure Swim 7:05p - 9:25p		Leisure Swim 7:00p - 9:25p							
7:15 PM														
7:30 PM														
7:45 PM	Leisure Swim 7:30 - 9:25p	Lap Swim 7:30 - 9:25p	Fit Together 7:30p - 8:30p			Lap Swim 7:30p - 9:25p		Shared Space 7:30p - 9:25p						
8:00 PM														
8:15 PM														
8:30 PM			Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p										
8:45 PM														
9:00 PM														
9:15 PM														
9:30 PM														

NOTE:

Parents must be within arms reach in the pool following these ratios:

Children 5 years old and younger: 1:4
Children 6 & 7: 1:6
Children 8 & over: 1:10

NOTE: **Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.**

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for **Lap Swim**	Swim Lessons - **No Lap/Leisure Swim Available**	**Shared Space Rec & Lessons** - 2 Lanes open for Recreational Swim	**Shared Space Lap & Lessons** - 1- 2 Lanes open for Lap Swim	**Shared Space** - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	**Family Swim** - Waterslide May be Open *Subject to change based on staffing*

*** Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk ***