

POOL SCHEDULE WINTER 2026

March 9th - March 15th

	Monday March 9		Tuesday March 10		Wednesday March 11		Thursday March 12		Friday March 13		Saturday March 14		Sunday March 15					
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool				
6:00	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a								
6:15																		
6:30																		
6:45																		
7:00																		
7:15																		
7:30																		
7:45																		
8:00																		
8:15																		
8:30																		
8:30	Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a				Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a				
8:45	Combo Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a							
9:15	Leisure Swim 10:05a - 10:30a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a								
9:30																		
9:45																		
10:00																		
10:15																		
10:30																		
10:45																		
11:00																		
11:15																		
11:30																		
11:45																		
12:00 PM	Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available									
12:15 PM																		
12:30 PM																		
12:45 PM																		
1:00 PM																		
1:15 PM																		
1:15 PM	Fit Together 1:00p - 1:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available									
1:30 PM																		
1:45 PM																		
2:00 PM																		
2:15 PM																		
2:30 PM																		
2:30 PM	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p	Leisure Swim 1:30p - 3:30p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p								
2:45 PM																		
3:00 PM																		
3:15 PM																		
3:30 PM																		
3:45 PM																		
3:45 PM	Leisure Swim 3:30p - 4:25p	Lap Swim 3:30p - 4:25p	Leisure Swim 3:30p - 4:25p	Lap Swim 3:30p - 4:25p	Swimming Lessons 1:30p - 3:30p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p								
4:00 PM																		
4:15 PM																		
4:30 PM																		
4:45 PM																		
5:00 PM																		
5:00 PM	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p											
5:15 PM																		
5:30 PM																		
5:45 PM																		
6:00 PM																		
6:15 PM																		
6:15 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	2 Lanes Available								
6:30 PM																		
6:45 PM																		
7:00 PM																		
7:15 PM																		
7:30 PM																		
7:30 PM	Leisure Swim 7:30p - 9:25p	Lap Swim 7:30p - 9:25p	Leisure Swim 7:05p - 9:25p	Lap Swim 7:05p - 9:25p	Leisure Swim 7:05p - 9:25p	Lap Swim 7:05p - 9:25p	Leisure Swim 7:05p - 9:25p	Lap Swim 7:05p - 9:25p	Leisure Swim 7:05p - 9:25p	Shared Space 7:30 - 9:25p								
7:45 PM																		
8:00 PM																		
8:15 PM																		
8:30 PM																		
8:45 PM																		
8:45 PM	Leisure Swim 8:30p - 9:25p	Lap Swim 8:30p - 9:25p	Fit Together 7:30p - 8:30p	Shared Space 8:30p - 9:25p	Leisure Swim 8:30p - 9:25p	Lap Swim 8:30p - 9:25p	Leisure Swim 8:30p - 9:25p	Lap Swim 8:30p - 9:25p	Leisure Swim 8:30p - 9:25p	Lap Swim 8:30p - 9:25p								
9:00 PM																		
9:15 PM																		
9:30 PM																		
9:30 PM																		

NOTE: Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2
Children 6 & 7: 1:4
Children 8 & over: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *