

**POOL SCHEDULE WINTER 2026**

*March 16th - 22nd*

	Monday March 16		Tuesday March 17		Wednesday March 18		Thursday March 19		Friday March 20		Saturday March 21		Sunday March 22	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00														
6:15														
6:30														
6:45														
7:00	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a										
7:15														
7:30														
7:45														
8:00														
8:15														
8:30														
8:45	Combo Aquafit	8:30a - 9:15a	Deep Aquafit	8:30a - 9:15a										
9:00														
9:15														
9:30	Combo Aquafit	9:15a - 10:00a	Shallow Aquafit	9:15a - 10:00a										
9:45														
10:00														
10:15	Leisure Swim		Leisure Swim											
10:30	10:05a - 10:30a		10:05a - 10:55a											
10:45	Swimming Lessons	Lap Swim	Swimming Lessons	Lap Swim										
11:00	10:30a - 11:30a	10:15a - 11:55a	11:00a - 11:30a	10:15a - 11:55a										
11:15														
11:30	Leisure Swim													
11:45	11:30a - 11:55a													
12:00 PM														
12:15 PM	Fit Together	12:00p - 12:45p	H2O HIT	12:00p - 12:45p 1 Lap Lane Available										
12:30 PM														
12:45 PM														
1:00 PM														
1:15 PM	Fit Together	1:00p - 1:45p												
1:30 PM														
1:45 PM														
2:00 PM														
2:15 PM			Leisure Swim	Lap Swim										
2:30 PM			12:50p - 4:25p	12:50p - 4:25p										
2:45 PM														
3:00 PM	Leisure Swim	Lap Swim												
3:15 PM	1:50p - 4:25p	1:50p - 4:25p												
3:30 PM														
3:45 PM														
4:00 PM														
4:15 PM														
4:30 PM														
4:45 PM	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons										
5:00 PM	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p										
5:15 PM														
5:30 PM	No Lap or Leisure Swim Available													
5:45 PM														
6:00 PM														
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM		2 Lanes avail.		1 Lane avail.										
7:15 PM		Lap Swim		Lap Swim										
7:30 PM		7:00p - 7:30p		4:30p - 5:30p & 7:00p - 7:30p										
7:45 PM														
8:00 PM			Fit Together	7:30p - 8:30p										
8:15 PM														
8:30 PM	Leisure Swim	Lap Swim												
8:45 PM	7:30p - 9:25p	7:30p - 9:25p												
9:00 PM			Leisure Swim	Shared Space										
9:15 PM			8:30p - 9:25p	8:30p - 9:25p										
9:30 PM														

Pool Closed March 18th - 29th

**NOTE:** Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2  
Children 6 & 7: 1:4  
Children 8 & over: 1:10

**NOTE:** Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

<b>Aquafit - No Lap/Leisure Swim Available</b>	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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\* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk \*