

POOL SCHEDULE WINTER 2026

February 16th - February 22nd

	Monday Feb 16		Tuesday Feb 17		Wednesday Feb 18		Thursday Feb 19		Friday Feb 20		Saturday Feb 21		Sunday Feb 22	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00			Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
6:15														
6:30														
6:45														
7:00														
7:15	Leisure Swim 8:00a - 3:25p	Lap Swim 8:00a - 3:25p									Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
7:30														
7:45														
8:00														
8:15														
8:30											Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
8:45														
9:00														
9:15														
9:30														
9:45														
10:00			Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a			Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a			Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
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12:30 PM														
12:45 PM														
1:00 PM			H2O HITT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p 1 Lap Lane Available	Fit Together 12:00p - 12:45p	12:00p - 12:45p	Fit Together 12:00p - 12:45p	12:00p - 12:45p	H2O HITT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p 1 Lap Lane Available	Swimming Lessons 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
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1:30 PM														
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3:30 PM														
3:45 PM														
4:00 PM	No Swimming Lessons		Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p	Fit Together 12:00p - 12:45p	12:00p - 12:45p	Fit Together 12:00p - 12:45p	12:00p - 12:45p	H2O HITT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p 1 Lap Lane Available	Swimming Lessons 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
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6:45 PM														
7:00 PM			Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	H2O HITT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p 1 Lap Lane Available	Swimming Lessons 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
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NOTE:

Parents must be within arms reach in the pool following these ratios:

Children 5 years old and younger: 1:4

Children 6 & 7: 1:6

Children 8 & over: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.													
Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1-2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*							

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *