Rady JCC

Congregation Shaarey Zedek

The Social Club

Mondays
11:30 am-1:15 pm

– MENU –

Rady JCC
123 Doncaster St.

September 28 . . . . . Concert
Amber Epp

Amber performs uplifting vocal jazz music with a rhythmic beat. She has performed across Canada, and won a *Western Canadian Music Award* for one of her four albums. Enjoy the sounds of New York loft parties, Brazilian beaches, and Cuban salsa nights.

Bean & Barley Soup / Mediterranean Salad / Party Sandwiches / Carrot Cake

October 5 . . . . . Talk
at Congregation Shaarey Zedek Synagogue
561 Wellington Crescent

Drums & Dreidels: Building Indigenous and Jewish Allyship – Lisa Lewis

Born and raised in Winnipeg, Lisa is a proud member of Animakee Wa Zhing #37 First Nation in Treaty 3 territory. Lisa will share a thoughtful lecture on honouring our histories, confronting prejudice, and building relationships.Through reflection and conversation, she encourages audiences to recognize the impact of the past, challenge discrimination, and create stronger connections built on understanding and respect.

Lunch provided by Congregation Shaarey Zedek

Oct 12: No Program (Thanksgiving Day)

October 19 . . . . . Concert
Jake Chenier

Jake has been performing music for all ages for over 25 years and he is recognized as one of Manitoba's finest family performers. Jake is a *Canadian Juno Award* nominated artist and *John Lennon International Songwriting* Contest Grand Prize Winner. Jake's well received repertoire includes classics from the early 1900's all the way through to the 60's and 70's.

Minestrone Soup / Garden Salad / Spinach Horns
Birthday Cake for Sept and Oct birthdays

October 26 . . . . . Talk
Honey Bees, Beekeeping and the Power of Working Together – Rebecca Krowelski

Rebecca is the owner and operator of *Prairie Sweetheart Honey*. She graduated from the Master Beekeeping program at Cornell University. Rebecca loves sharing about the life cycle of honey bees, the important role they play in our environment and the amazing ways they communicate and work together to get things done. We can learn so much from the bees.

Split Pea Soup / Caesar Salad / Quiche / Fruit Tarts

REGISTER:

Contact Roberta Malam by Thursday the week before each event:
rmalam@radyjcc.com | 204.477-7535
Lunch: $10 Social Club Members | **$15** Non-members
Yearly Membership: $60 individual | **$90** couple
Transportation Option: $10 roundtrip
Questions? Contact Lindsey Gudbjartson, Coordinator of Older Adult Programming:
lgudbjartson@radyjcc.com | (204) 477-7564

November 2 . . . . . Concert
Shayla Fink

Come and join Winnipeg's own Shayla Fink in a musical walk down memory lane. Be prepared to be transported through music to a very special time and place.

Broccoli Cheddar Soup / Coleslaw / Potato, Egg and Tuna Scoop with Bun Basket / Cookies

November 9 . . . . . Talk
The Five Pillars of Longevity – Lindsey Gudbjartson

Rady JCC Fitness Specialist Lindsey Gudbjartson's presentation will focus on social connection, movement and the benefits of both. Join us for an afternoon that will be sure to engage the disbelievers and change the way you think about longevity.

Tomato Soup / Greek Salad / Potato Knishes / Mini Muffins

November 16 . . . . . Concert
Tannis Tyler

Join the talented Tannis Tyler for a delightful afternoon of music that is sure to make you smile and sing along

Bean & Barley Soup / House Salad / Mini Bagel with Lox / Fruit Cup

November 23 . . . . . Concert
Stephanie Bell

Stephanie is a Winnipeg-born singer, songwriter, and educator with a multidisciplinary background in classical, jazz, musical theatre, and pop styles. Join us for a musical experience that is sure to hit all the right notes

Split Pea Soup / Mediterranean Salad / Spinach Horns / Brownies

November 30 . . . . . Concert
Company of Poets

Over the past four years, the Company of Poets, founded by bookseller Morris Bay, has grown into a revolving collective of 90 volunteer poets, storytellers, musicians and presenters who bring their offerings to seniors at private shows in hospitals, care homes and 55 plus centres. The Company has performed more than 100 shows at 11 senior facilities, engaging with thousands of residents. The Company of Poets will bring an afternoon of music, poetry, and conversation to the Social Club. For the members of the Company, the time, stories, and joy spent with the people they perform for is "a blessing and a gift."

Minestrone Soup / Sweet Salad / Party Sandwiches / Birthday Cake for Nov birthdays

December 7 . . . . . Hanukkah Celebration
Rabbi Anibal Mass

Join us for a Hanukkah celebration with Rabbi Anibal Mass as we gather to experience the warmth, light, and wonder of this special holiday.

Vegetable Noodle Soup / Mediterranean Salad / Latkes / Sufganiyot

December 14 . . . . . Concert
Anat Kriger

Anat is an Israeli-born, Toronto-based actor and singer who has performed for audiences in retirement and seniors' communities across Canada. This special performance will feature some of Anat's favourite tunes, including beloved songs from *Fiddler on the Roof*, a show she recently performed in, as well as favourites by Frank Sinatra. She looks forward to sharing an afternoon of music, memories, and joy.

Bean & Barley Soup / Greek Salad / Party Sandwiches / Birthday Cake for Dec birthdays