

POOL SCHEDULE FALL 2025

September 15th - 21st

	Monday Sept 15		Tuesday Sept 16		Wednesday Sept 17		Thursday Sept 18		Friday Sept 19		Saturday Sept 20		Sunday Sept 21	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
7:15 AM														
7:30 AM														
7:45 AM														
8:00 AM														
8:15 AM														
8:30 AM														
8:45 AM			Deep Aquaftt	8:30a - 9:15a			Deep Aquaftt	8:30a - 9:15a			Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
9:00 AM														
9:15 AM														
9:30 AM	Combo Aquaftt	9:15a - 10:10a	Shallow Aquaftt	9:15a - 10:00a	Shallow Aquaftt	9:15a - 10:10a	Shallow Aquaftt	9:15a - 10:00a	Combo Aquaftt	9:15a - 10:10a	Aquaftt	9:15a - 10:00a		
9:45 AM														
10:00 AM														
10:15 AM	Leisure Swim 10:15a - 10:30		Leisure Swim 10:05a - 10:55a		Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a		H2O HITT	10:15a - 11:00a 1 Lap Lane Available				
10:30 AM		Lap Swim 10:15a - 11:55a		Lap Swim 10:05a - 11:55a				Lap Swim 10:05a - 11:55a			Swimming Lessons 10:15a - 1:15p	Swimming Lessons 10:15a - 1:15p	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
10:45 AM	Swimming Lessons 10:30 - 11:30a		Swimming Lessons 11:00a - 11:30a				Swimming Lessons 11:00a - 11:30a							
11:00 AM														
11:15 AM														
11:30 AM	Leisure Swim 11:30a - 11:55a													
11:45 AM														
12:00 PM														
12:15 PM	Fit Together	12:00p - 12:45p	H2O HITT	12:00p - 12:45p 1 Lap Lane Available	Fit Together	12:00p - 12:45p	Fit Together	12:00p - 12:45p	Leisure Swim 11:00a - 4:00p	Lap Swim 11:05a - 4:00p				
12:30 PM														
12:45 PM														
1:00 PM														
1:15 PM	Fit Together	1:00p - 1:45p			Leisure Swim 12:50p - 1:30p		Fit Together	1:00p - 1:45p						
1:30 PM														
1:45 PM														
2:00 PM														
2:15 PM					Swimming Lessons 1:30p - 3:30p	Lap Swim 12:50p - 4:30p								
2:30 PM	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p					Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p						
2:45 PM														
3:00 PM														
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM		Only 2 Lanes Avail. 4:00p - 4:30p			Leisure Swim 3:30p - 4:25p	Only 3 Lanes Avail. 4:00p - 4:30p								
4:15 PM														
4:30 PM														
4:45 PM														
4:50 PM	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p				
5:15 PM														
5:30 PM														
5:45 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lane or Leisure Swim Available						
6:00 PM														
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM		2 Lanes avail. Lap Swim 7:00p - 7:30p												
7:15 PM														
7:30 PM														
7:45 PM	Leisure Swim 7:30 - 8:10p	Lap Swim 7:30 - 8:10p			Leisure Swim 7:05p - 9:25p	Lap Swim 7:30p - 9:25p								
8:00 PM			Fit Together	7:30p - 8:30p										
8:15 PM														
8:30 PM	H2O HIIT	8:15p - 9:00p 1 Lap Lane Available												
8:45 PM														
9:00 PM														
9:15 PM	Leisure Swim 9:00p - 9:25p	Lap Swim 9:05p - 9:25p	Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p										
9:30 PM														

NOTE:

Parents must be within arms reach in the pool following these ratios:

Children 5 years old and younger: 1:4

Children 6 & 7: 1:6

Children 8 & over: 1:10

NOTE:

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquaftt - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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\* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk \*