POOL SCHEDULE FALL 2025

October 13 - 19

	Monday Oct 13		Tuesday Oct 14		Wednesday Oct 15		Thursday Oct 16		Friday Oct 17		Saturday Oct 18		Sunday Oct 19	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool

Monday Oct 13
- Leisure Pool: Leisure Swim 8:00a - 4:30p
- Lap Pool: Lap Swim 8:00a - 12:55p
- Lap Pool: Family Swim 1:00p - 3:30p

Tuesday Oct 14
- Leisure Pool: Leisure Swim 6:00a - 8:25a
- Lap Pool: Lap Swim 6:00a - 8:25a
- Leisure Pool: Deep Aquafit 8:30a - 9:15a
- Leisure Pool: Shallow Aquafit 9:15a - 10:00a
- Leisure Pool: Leisure Swim 10:05a - 10:55a
- Lap Pool: Lap Swim 10:05a - 11:55a
- Leisure Pool: Swimming Lessons 11:00a - 11:30a
- Leisure Pool: H20 HITT 12:00p - 12:45p
- Lap Pool: 1 Lap Lane Available 12:00p - 12:45p
- Leisure Pool: Leisure Swim 12:50p - 4:25p
- Lap Pool: Lap Swim 12:50p - 4:25p
- Lap Pool: 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p
- Leisure Pool: Swimming Lessons 4:30p - 7:30p
- Lap Pool: Swimming Lessons 4:30p - 7:30p
- No Lap or Leisure Swim Available
- Lap Pool: 1 Lane avail. Lap Swim 4:30p - 5:00p & 7:00p - 7:30p
- Leisure Pool: Fit Together 7:30p - 8:30p
- Leisure Pool: Leisure Swim 8:30p - 9:25p
- Lap Pool: Shared Space 8:30p - 9:25p

Wednesday Oct 15
- Leisure Pool: Leisure Swim 6:00a - 9:10a
- Lap Pool: Lap Swim 6:00a - 9:10a
- Leisure Pool: Shallow Aquafit 9:15a - 10:10a
- Leisure Pool: Leisure Swim 10:15a - 11:55a
- Lap Pool: Lap Swim 10:15a - 11:55a
- Leisure Pool: Fit Together 12:00p - 12:45p
- Leisure Pool: Leisure Swim 12:50p - 1:30p
- Leisure Pool: Swimming Lessons 1:30p - 3:30p
- Lap Pool: Lap Swim 12:50p - 4:30p
- Leisure Pool: Leisure Swim 3:30p - 4:25p
- Lap Pool: Only 3 Lanes Avail. 4:00p - 4:30p
- Leisure Pool: Swimming Lessons 4:30p - 7:00p
- Lap Pool: Swimming Lessons 4:30p - 7:00p
- No Lap or Leisure Swim Available
- Lap Pool: 1 Lane avail. Lap Swim 4:30p - 5:00p & 7:00p - 7:30p
- Leisure Pool: Leisure Swim 7:05p - 9:25p
- Lap Pool: Lap Swim 7:30p - 9:25p

Thursday Oct 16
- Leisure Pool: Leisure Swim 6:00a - 8:25a
- Lap Pool: Lap Swim 6:00a - 8:25a
- Leisure Pool: Deep Aquafit 8:30a - 9:15a
- Leisure Pool: Shallow Aquafit 9:15a - 10:00a
- Leisure Pool: Leisure Swim 10:05a - 10:55a
- Lap Pool: Lap Swim 10:05a - 11:55a
- Leisure Pool: Swimming Lessons 11:00a - 11:30a
- Leisure Pool: Fit Together 12:00p - 12:45p
- Leisure Pool: Fit Together 1:00p - 1:45p
- Leisure Pool: Leisure Swim 1:50p - 4:30p
- Lap Pool: Lap Swim 1:50p - 4:30p
- Lap Pool: 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p
- Leisure Pool: Swimming Lessons 4:30p - 7:00p
- Lap Pool: Swimming Lessons 4:30p - 7:30p
- No Lap or Leisure Swim Available
- Leisure Pool: Leisure Swim 7:00p - 9:25p
- Lap Pool: Shared Space 7:30p - 9:25p

Friday Oct 17
- Leisure Pool: Leisure Swim 6:00a - 9:10a
- Lap Pool: Lap Swim 6:00a - 9:10a
- Leisure Pool: Combo Aquafit 9:15a - 10:10a
- Leisure Pool: Leisure Swim 10:15a - 11:55a
- Lap Pool: Lap Swim 10:05a - 11:55a
- Leisure Pool: H20 HITT 12:00p - 12:45p
- Lap Pool: 1 Lap Lane Available 12:00p - 12:45p
- Leisure Pool: Leisure Swim 12:50p - 3:55p
- Lap Pool: Lap Swim 12:50p - 3:55p
- Leisure Pool: Swimming Lessons 4:00p - 6:30p
- Lap Pool: Swimming Lessons 4:00p - 6:30p
- Lap Pool: 2 Lanes Available

Saturday Oct 18
- Leisure Pool: Leisure Swim 8:00a - 9:10a
- Lap Pool: Lap Swim 8:00a - 9:10a
- Leisure Pool: Aquafit 9:15a - 10:00a
- Leisure Pool: Swimming Lessons 10:15a - 1:15p
- Lap Pool: Swimming Lessons 10:15a - 1:15p
- No Lap or Leisure Swim Available
- Lap Pool: 2 Lane avail. Lap Swim 11:45a - 1:00p
- Lap Pool: Bronze Med / Shared Space Lap & Lessons 1:00p - 3:00p
- Leisure Pool: Leisure Swim 3:00p-5:25p
- Lap Pool: Shared Space 3:00p-5:25p

Sunday Oct 19
- Leisure Pool: Leisure Swim 8:00a - 8:55a
- Lap Pool: Lap Swim 8:00a - 8:55a
- Leisure Pool: Swimming Lessons 9:00a - 1:00p
- Lap Pool: Swimming Lessons 9:00a - 1:00p
- No Lap or Leisure Swim Available
- Leisure Pool: Leisure Swim 1:00p - 5:25p
- Lap Pool: Bronze Cross Lessons / MFC EVENT
- BDAY PARTY 2:00p - 3:00p (Leisure) / BDAY PARTY 1:00p - 4:00p (Lap)
- MFC - Aquafit 2 lanes 2:00p - 4:00p — NO LANE SWIM
- Leisure Pool: Family Swim 4:00p - 5:25p
- Lap Pool: Family Swim 4:00p - 5:25p

NOTE: Parents must be within arms reach in the pool following these ratios:
- Children 5 years old and younger: 1:4
- Children 6 & 7: 1:6
- Children 8 & over: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Legend
- **Aquafit** - No Lap/Leisure Swim Available
- Leisure Pool Available/All Lanes in for **Lap Swim**
- **Swim Lessons** - No Lap/Leisure Swim Available
- **Shared Space Rec & Lessons** - 2 Lanes open for Recreational Swim
- **Shared Space Lap & Lessons** - 1 - 2 Lanes open for Lap Swim
- **Shared Space** - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons
- **Family Swim** - Waterslide May be Open *Subject to change based on staffing*

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *