

Special Dates:

Sunday November 1st
Wednesday November 11th
Friday November 20th
Sunday November 29th

No Lap Swim 2:00pm - 4:00pm
Pool Hours 1:15pm - 9:25pm (NO SWIM/FITNESS CLASSES)
No Water Barre (12:00pm - 12:50pm)
No Lap Swim 2:00pm - 4:00pm

POOL SCHEDULE FALL 2026

November

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool				
6:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a								
6:15 AM																		
6:30 AM																		
6:45 AM																		
7:00 AM																		
7:15 AM																		
7:30 AM																		
7:45 AM	Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a	Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a	Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a	Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a	Deep Aquafit 8:30a - 9:15a	8:30a - 9:15a	Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a				
8:00 AM																		
8:15 AM																		
8:30 AM	Shallow Aquafit 9:15a - 10:00a	9:15a - 10:00a	Shallow Aquafit 9:15a - 10:00a	9:15a - 10:00a	Shallow Aquafit 9:15a - 10:00a	9:15a - 10:00a	Shallow Aquafit 9:15a - 10:00a	9:15a - 10:00a	Shallow Aquafit 9:15a - 10:00a	9:15a - 10:00a	Combo Aquafit 9:15a - 10:00a	9:15a - 10:00a						
8:45 AM																		
8:55 AM																		
9:00 AM	Swimming Lessons 10:00a - 11:00a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:00a - 12:00p	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:00a - 1:15p	Swimming Lessons 10:00a - 1:15p	Swimming Lessons 9:00a - 1:15p	Swimming Lessons 9:00a - 1:15p				
10:00 AM																		
10:15 AM																		
10:30 AM	Leisure Swim 11:05a - 11:55a	11:55a					Swimming Lessons 11:00a - 12:00p				No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available				
10:45 AM																		
11:00 AM																		
11:15 AM	Fit Together 12:00p-12:45p	12:00p-12:45p	H2O HITT 12:00p-12:45p 1 Lane Avail.	12:00p-12:45p	Fit Together 12:00p-12:45p	12:00p-12:45p	Fit Together 12:00p-12:45p	12:00p-12:45p	Water Barre 12:00p-12:55p 1 Lane Avail.	12:00p-12:55p								
11:30 AM																		
11:45 AM																		
12:00 PM	Fit Together 1:00p - 1:45p	1:00p - 1:45p	Lap Swim 12:50p - 2:00p	12:50p - 2:00p	Fit Together 12:45p-1:25p	12:45p-1:25p	Fit Together 1:00p - 1:45p	1:00p - 1:45p	Leisure Swim 1:00p - 3:55p	Lap Swim 1:00p - 3:55p	Leisure Swim 1:20p - 5:25p	Instructor Course & Bronze Medallion Shared Space	Leisure Swim 1:20p - 4:00p	National Lifeguard & Bronze Cross Shared Space 1:20p - 4:00p 1 Lane Avail.				
12:15 PM																		
12:30 PM																		
12:45 PM	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 4:25p	Hydrotherapy 2:00p-2:45p 4 lanes Avail.	Swimming Lessons 1:30p - 3:30p	Lap Swim 1:25p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:00p - 3:55p	Lap Swim 1:00p - 3:55p	Leisure Swim 1:20p - 4:00p	National Lifeguard & Bronze Cross Shared Space 1:20p - 4:00p 1 Lane Avail.				
1:00 PM																		
1:15 PM																		
1:30 PM					2 Lanes 4:00p - 4:30p	4:00p - 4:30p	Lap Swim 2:45p - 4:25p	2:45p - 4:25p	Leisure Swim 3:35p - 4:25p	3 Lanes 4:00p - 4:30p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p	No Leisure Swim Available	1 Lane Avail.	Family Swim 4:00p - 5:25p No Lap Swim Available	
1:45 PM																		
2:00 PM																		
2:15 PM					Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 4:25p	Hydrotherapy 2:00p-2:45p 4 lanes Avail.	Swimming Lessons 1:30p - 3:30p	Lap Swim 1:25p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:00p - 3:55p	Lap Swim 1:00p - 3:55p	Leisure Swim 1:20p - 4:00p	National Lifeguard & Bronze Cross Shared Space 1:20p - 4:00p 1 Lane Avail.
2:30 PM																		
2:45 PM																		
3:00 PM	2 Lanes 4:00p - 4:30p	4:00p - 4:30p	Lap Swim 2:45p - 4:25p	2:45p - 4:25p					Leisure Swim 3:35p - 4:25p	3 Lanes 4:00p - 4:30p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p	No Leisure Swim Available	1 Lane Avail.	Family Swim 4:00p - 5:25p No Lap Swim Available	
3:15 PM																		
3:30 PM																		
3:45 PM	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 7:25p	Swimming Lessons 4:30p - 7:25p					No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	1 Lane Avail.			
4:00 PM																		
4:15 PM																		
4:30 PM					Fit Together 7:30p - 8:30p	7:30p - 8:30p	Leisure Swim 8:35p - 9:25p	Shared Space 8:35p - 9:25p	Leisure Swim 8:10p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p	Shared Space 8:10p - 9:25p						
4:45 PM																		
5:00 PM																		
5:15 PM					No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	1 Lane Avail.			
5:30 PM																		
5:45 PM																		
6:00 PM																		
6:15 PM																		
6:30 PM																		
6:45 PM																		
7:00 PM	Leisure Swim 8:10p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:35p - 9:25p	Shared Space 8:35p - 9:25p	Leisure Swim 8:10p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p	Shared Space 8:10p - 9:25p										
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8:45 PM																		
8:55 PM																		
9:00 PM																		
9:15 PM																		
9:30 PM																		

NOTE:

Parents must be within arms reach in the pool following these ratios:

Children 5 years old and younger: 1:2
Children 6 & 7: 1:4
Children 8-11: 1:10

NOTE:

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk *