Lap Swim

8:00a - 8:55a

Swimming

Lessons

9:00a - 1:00p

No Lan or

Leisure Swim

Available

Bronze Cross

Shared Space

Rec & Lessons,

1:00p - 4:00p

1 Lane Avail.

Lap Swim

1:00p - 4:00p

Family Swim

4:00p - 5:25p

Swimming

Lessons

9:00a - 1:00p

No Lap or

Leisure Swim

Available

Leisure Swim

1:00p - 5:25p

Family Swim

4:00p - 5:25p

Family Swim - Waterslide May be Open *Subject to

change based on staffing*

POOL SCHEDULE FALL 2025

7:00 AM 7-15 AN 7:30 AM 7:45 AM :00 AM B:15 AM Leisure Swim Lan Swim Leisure Swim R-30 AM

Deep Deep 8:00a - 9:10a 8:00a - 9:10a 8:00a - 8:55a R-45 AN Aquafit 8:30a - 9:15a Aquafit 8:30a - 9:15a 9:00 AM 0-15 AN 9:30 AM 9:15a - 10:10a Shallow 9:15a - 10:00a 0.150 - 10.100 9:15a - 10:00a Combo Shallow Shallow Combo 9:15a - 10:10a Aquafit 9:15a - 10:00a 0-45 AN Aquafit Aquafit Aquafit Aquafit Aquafit

Leisure Swim

10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

Together

Fit

Together

Leisure Swim

1:50n - 4:30r

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swin

Available

Leisure Swim

7:00p - 9:25p

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority,

Shared Space Lap & Lessons - 1 - 2 Lanes

open for Lap Swim

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1:00n - 1:45n

Lan Swim

1:50p - 4:30p

1 Lane

Reserved for

Hydro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lane or

Leisure Swim

Available

Shared Space

7:30p - 9:25p

Leisure Swim

10:15a - 11:55a

HITT

Leisure Swim

12:50p - 3:55p

Swimming

Lessons

4:00p - 6:30p

Lap Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Lap Swim

12:50p - 3:55p

1 Lane

Reserved for

Hydro Therany

1:00p - 2:00p

Swimming

Lessons

4:00p - 6:30p

2 Lanes

Available

Children 5 years old and younger: 1:4

Shared Space - 2 Lanes open for Lap Swim & 3

Lanes for Recreational Swimming/Lessons

Children 6 & 7: 1:6 Children 8 & over: 1:10 Swimming

Lessons

10:15a - 1:15p

No Lan or

Leisure Swim

Available

Leisure Swim

3:00p-5:25p

Swimming

Lessons

10:15a - 1:15p

No Lan or

Leisure Swim

Available

2 Lane avail.

Lan Swim

11:45a - 1:00p

Bronze Med

Shared Space

Lap & Lessons

1:00p - 3:00p

Shared Space

3:00p-5:25p

10:00 AN 10:15 AM

10-20 AM

10-45 AM

11:00 AN

11:15 AM

11:30 AM

11:45 AM

12:00 PM

12-15 PN

12:30 PM

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7-00 PM

7:15 PM

7:30 PM

7:45 PM

R-15 PM

8-30 PM

R-45 PM

:00 PM

9:15 PM

:30 PM

NOTE:

Leisure Swim

10:15a - 10:30

Swimming

Lessons

10:30 - 11:30a

Leisure Swim

11:30a - 11:55a

Together

Fit

Together

Leisure Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Leisure Swim

7:30 - 8:10p

HIIT

Leisure Swim

9:00p - 9:25p

Aquafit - No

Lap/Leisure Swim

Available

Lap Swim

10:15a - 11:55a

12:00p - 12:45p

1:00p - 1:45p

Lap Swim

1:50p - 4:30p

Only

2 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

2 Lanes avail.

Lan Swim

7:00p - 7:30p

Lap Swim

7:30 - 8:10p

8:15p - 9:00p

1 Lap Lane

Available

Lan Swim

9:05p - 9:25r

Leisure Pool

Available/All Lanes

in for Lap Swim

Leisure Swim

10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

HITT

Leisure Swim

12:50p - 4:25p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Fit Together

Leisure Swim

8:30n - 9:25n

Lap Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Lap Swim

12:50p - 4:25p

1 Lane

Reserved for

Hydro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

1 Lane avai

Lap Swim

4:30p - 5:00p &

7:00n - 7:30n

7:30p - 8:30p

Shared Snace

8:30p - 9:25p

Swim Lessons - No

Lap/Leisure Swim Available

Leisure Swim

10:15a - 11:55a

10:00a - 11:00a

Together

Leisure Swim

12:50p - 1:30p

Swimming

Lessons

1:30p - 3:30p

Leisure Swim

3:30p - 4:25p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:05p - 9:25p

FI C

Lap Swim

10:15a - 11:55a

Lane 1 & 2 FLC

10:00a - 11:00a

12:00p - 12:45p

Lap Swim

12:50p - 4:30p

Only

3 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

1 Lane avail

Lan Swim

4:30p - 5:00p &

7:00n - 7:30n

Lan Swim

7:30p - 9:25p

Parents must be within arms reach in the pool following these ratios:

Shared Space Rec & Lessons - 2

Lanes open for Recreational Swim