

POOL SCHEDULE FALL 2025

October 6 - 12

	Monday Oct 6			Tuesday Oct 7			Wednesday Oct 8			Thursday Oct 9			Friday Oct 10			Saturday Oct 11			Sunday Oct 12	
	Leisure Pool	Lap Pool		Leisure Pool	Lap Pool		Leisure Pool	Lap Pool		Leisure Pool	Lap Pool		Leisure Pool	Lap Pool		Leisure Pool	Lap Pool		Leisure Pool	Lap Pool
6:00 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a		Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a		Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a		Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a		Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a					Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a
6:15 AM																				
6:30 AM																				
6:45 AM																				
7:00 AM																				
7:15 AM																				
7:30 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a		Deep Aquafit 8:30a - 9:15a		Shallow Aquafit 9:15a - 10:00a	Lap Swim 6:00a - 9:10a		Deep Aquafit 8:30a - 9:15a		Shallow Aquafit 9:15a - 10:00a	Lap Swim 6:00a - 9:10a		Combo Aquafit 9:15a - 10:10a	Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a		Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a	
7:45 AM																				
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8:15 AM																				
8:30 AM																				
8:45 AM																				
9:00 AM	Combo Aquafit 9:15a - 10:10a			Shallow Aquafit 9:15a - 10:00a			Shallow Aquafit 9:15a - 10:10a			Shallow Aquafit 9:15a - 10:00a			Combo Aquafit 9:15a - 10:10a			Aquafit 9:15a - 10:00a				
9:15 AM	Leisure Swim 10:15a - 10:30	Lap Swim 10:15a - 11:55a		Leisure Swim 10:05a - 10:55a	Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a ELC 10:00a - 11:00a	Lap Swim 10:15a - 11:55a Lane 1 & 2 ELC 10:00a - 11:00a		Leisure Swim 10:05a - 10:55a	Lap Swim 10:05a - 11:55a		Leisure Swim 10:15a - 11:55a	Lap Swim 10:05a - 11:55a		Swimming Lessons 10:15a - 1:15p	Swimming Lessons 10:15a - 1:15p		Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
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10:15 AM																				
10:30 AM																				
10:45 AM	Swimming Lessons 10:30 - 11:30a	Lap Swim 10:15a - 11:55a		Swimming Lessons 11:00a - 11:30a	Lap Swim 10:15a - 11:55a		Leisure Swim 11:30a - 11:55a	Lap Swim 10:15a - 11:55a		Swimming Lessons 11:00a - 11:30a	Lap Swim 10:15a - 11:55a		Leisure Swim 11:30a - 11:55a	Lap Swim 10:15a - 11:55a		No Lap or Leisure Swim Available	No Lap or Leisure Swim Available  2 Lane avail. Lap Swim 11:45a - 1:00p		No Lap or Leisure Swim Available	No Lap or Leisure Swim Available
11:15 AM																				
11:30 AM																				
11:45 AM																				
12:00 PM																				
12:15 PM																				
12:30 PM	Fit Together 12:00p - 12:45p	12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p		Fit Together 12:00p - 12:45p	12:00p - 12:45p		Fit Together 12:00p - 12:45p	12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available	12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available	H2O HIIT 12:00p - 12:45p 1 Lap Lane Available	
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2:00 PM	Fit Together 1:00p - 1:45p	1:00p - 1:45p		Fit Together 1:00p - 1:45p	1:00p - 1:45p		Fit Together 1:00p - 1:45p	1:00p - 1:45p		Fit Together 1:00p - 1:45p	1:00p - 1:45p		Fit Together 1:00p - 1:45p	1:00p - 1:45p		Fit Together 1:00p - 1:45p		Fit Together 1:00p - 1:45p	Fit Together 1:00p - 1:45p	
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3:30 PM	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p		Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p		Swimming Lessons 1:30p - 3:30p	Lap Swim 12:50p - 4:30p		Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p		Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p  1 Lane Reserved for Hydro Therapy 1:00p - 2:00p	Leisure Swim 3:00p-5:25p	Bronze Med	Leisure Swim 3:00p-5:25p	Shared Space Lap & Lessons 1:00p - 3:00p	Leisure Swim 1:00p - 5:25p	Bronze Cross
3:45 PM																				
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5:00 PM	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p		Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p		Swimming Lessons 1:30p - 3:30p	Lap Swim 12:50p - 4:30p		Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p		Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p  1 Lane Reserved for Hydro Therapy 1:00p - 2:00p	Leisure Swim 3:00p-5:25p	Bronze Med	Leisure Swim 3:00p-5:25p	Shared Space Lap & Lessons 1:00p - 3:00p	Leisure Swim 1:00p - 5:25p	Bronze Cross
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8:00 PM	Leisure Swim 7:30 - 8:10p	Lap Swim 7:30 - 8:10p		Fit Together 7:30p - 8:30p		Leisure Swim 7:05p - 9:25p	Lap Swim 7:30p - 9:25p		Leisure Swim 7:05p - 9:25p	Shared Space 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p	Shared Space 7:30p - 9:25p							
8:15 PM	H2O HIIT 8:15p - 9:00p 1 Lap Lane Available	8:15p - 9:00p		Fit Together 7:30p - 8:30p		Leisure Swim 7:05p - 9:25p	Lap Swim 7:30p - 9:25p		Leisure Swim 7:05p - 9:25p	Shared Space 7:30p - 9:25p		Leisure Swim 7:00p - 9:25p	Shared Space 7:30p - 9:25p							
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