Wednesday Oct 29

Leisure Swim

10:15a - 11:55a

Fit

Together

Leisure Swim

12:50p - 1:30p

Swimming

Lessons

1:30p - 3:30p

Leisure Swim

3:30p - 4:25p

Swimming

Lessons

4:30p - 7:00p

No Lap of

Leisure Swim

Available

Leisure Swim

7:05p - 9:25p

Lan Swim

10:15a - 11:55a

12:00n - 12:45n

Lap Swim

12:50p - 4:30p

Only

3 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

1 Lane avail.

Lan Swim

4:30n - 5:00n &

7:00p - 7:30p

Lap Swim

7:30p - 9:25p

Parents must be within arms reach in the pool following these ratios:

Shared Space Rec & Lessons - 2

Lanes open for Recreational Swim

Tuesday Oct 28

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Lap Swim

12:50p - 4:25p

1 Lane

Reserved for

Hydro Therapy

3:00 - 3:45p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

1 Lane avail.

Lan Swim

4:30n - 5:00n 8

7:00p - 7:30p

7:30p - 8:30p

Shared Space

8:30p - 9:25p

Swim Lessons - No

Lap/Leisure Swim Available

Swimming

Lessons

11:00a - 11:30a

H20

HITT

Leisure Swim

12:50p - 4:25p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Fit Together

Leisure Swim

8:30p - 9:25p

Monday Oct 27

6:00 AN 6:15 AM 6:30 AM

6:45 AM

10:45 AM

11:00 AM

11:15 AM

11:30 AM

11:45 AM

12:00 PM

12:15 PM

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7:45 PM

8:00 PM

8-15 PM

8:30 PM

8:45 PM

9:00 PM

9:15 PM

9:30 PM

NOTE

Swimming

Lessons

10:30 - 11:30a

Leisure Swim

11:30a - 11:55a

Fit

Together

Fit

Together

Leisure Swim

1:50n - 4:30n

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Leisure Swim

7:30 - 8:10p

H20

HIIT

Leisure Swim

9:00p - 9:25p

Aquafit - No

Lap/Leisure Swim

Available

Lan Swim

10:15a - 11:55a

12:00n - 12:45n

1:00p - 1:45p

Lap Swim

1:50p - 4:30p

Only

2 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

2 Lanes avail

Lan Swim

7:00p - 7:30p

Lap Swim

7:30 - 8:10p

8:15p - 9:00p

1 Lan Lane

Available

Lap Swim

9:05p - 9:25p

Leisure Pool

Available/All Lanes

in for Lap Swim

7:00 AM 7:15 AM 6:00a - 9:10a 7:30 AM 8:00 AM 8:15 AM Leisure Swim Lap Swim

Leisure Swim 0-20 AM Deep Deep 8:00a - 9:10a 8:00a - 9:10a 8:00a - 8:55a 8:45 AM Aquafit 8:30a - 9:15a Aquafit 8:30a - 9:15a

9:00 AM 9:15 AM 9:30 AM Combo 9:15a - 10:10a Shallow 9:15a - 10:00a Shallow 9:15a - 10:10a Shallow 9:15a - 10:00a Combo 9:15a - 10:10a Aquafit 9:15a - 10:00a Aquafit Aquafit Aquafit Aquafit Aquafit

9:45 AM 10:00 AN 10:15 AM Leisure Swim Leisure Swim Leisure Swim 10:30 AM 10:15a - 10:30 10:05a - 10:55a 10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

Fit

Together

Fit

Together

Leisure Swim

1:50n - 4:30n

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:00p - 9:25p

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Shared Space Lap & Lessons - 1-2 Lanes

open for Lap Swim

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1:00p - 1:45p

Lap Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lane or

Leisure Swim

Available

Shared Space

7:30p - 9:25p

Leisure Swim

10:15a - 11:55a

H20

HITT

Leisure Swim

12:50p - 6:30p

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Lap Swim

12:50p - 4:55p

Shared Space

5:00p - 6:30p

Children 5 years old and younger: 1:4

Shared Space - 2 Lanes open for Lap Swim & 3

Lanes for Recreational Swimming/Lessons

Children 6 & 7: 1:6 Children 8 & over: 1:10 Swimming

Lessons

10:15a - 1:15p

No Lap or

Laicura Swim

Available

Leisure Swim

3:00p-5:25p

Swimming

Lessons

10:15a - 1:15p

No Lap or

Laicura Swim

Available

2 Lane avail.

Lap Swim

11:45a - 1:00r

Bronze Med

Shared Space

Lap & Lessons

1:00p - 3:00p

Shared Space

3:00p-5:25p

POOL SCHEDULE FALL 2025 October 27 - November 2

Laigura Pool

Swimming

Lessons

9:00a - 1:00p

No Lap or

Leisure Swim

Available

Leisure Swim

1:00p - 5:25p

Family Swim

4:00p - 5:25p

Family Swim - Waterslide May be Open *Subject to

change based on staffing*

Lan Pool

Lap Swim

8:00a - 8:55a

Swimming

Lessons

9:00a - 1:00p

No Lap or

Leisure Swim

Available

Bronze Cross

Shared Space

Rec & Lessons

1:00p - 4:00p

1 I ano Avail

Lap Swim

1:00p - 4:00p

Family Swim

4:00p - 5:25p