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NOTE:

6:000 - 0:100

Combo

Aquafit

Leisure Swim

10:15a - 10:30

Swimming

Lessons

Leisure Swim

1:30a - 11:55a

Together

Together

Leisure Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Leisure Swim

7:30 - 8:10p

H20

HIIT

Leisure Swim

9:00p - 9:25p

Aquafit - No

Lap/Leisure Swim

Available

10:30 - 11:30a

9:15a - 10:10a

Lan Swim

10:15a - 11:55a

12:00p - 12:45p

1:00p - 1:45p

Lan Swim

1:50p - 4:30p

Only

2 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

2 Lanes avail

Lan Swim

7:00n - 7:30n

Lap Swim

7:30 - 8:10p

8:15p - 9:00p

1 Lap Lane

Available

Lan Swim

9:05p - 9:25r

Leisure Pool

Available/All Lanes

in for Lap Swim

Leisure Swim

12:50p - 4:25p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

Fit Together

Leisure Swim

8:30p - 9:25p

Lan Swim

12:50p - 4:25p

1 Lane

Reserved for

Hydro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Leisure Swim

Available

1 Lane avail

Lan Swim

4:30n - 5:00n &

7:00p - 7:30p

7:30p - 8:30p

Shared Space

8:30p - 9:25p

Swim Lessons - No

Lap/Leisure Swim Available

Lap Swim Leisure Swim Lap Swim 6:00a - 9:10a 6.000 - 0.100 6:00a - 9:10a

Shallow

Aquafit

Leisure Swim

10:15a - 11:55a

Together

Leisure Swim

12:50p - 1:30p

Swimming

Lessons

1:30p - 3:30p

Leisure Swim

3:30p - 4:25p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:05p - 9:25p

9:15a - 10:10a

Lap Swim

10:15a - 11:55a

12:00p - 12:45p

Grav Academy

12:40p - 1:30p

Lanes 4 & 5

Lan Swim

12:50p - 4:30p

Only

3 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

1 Lane avail

Lap Swim

4:30n - 5:00n &

7:00p - 7:30p

Lap Swim

7:30p - 9:25p

Parents must be within arms reach in the pool following these ratios:

Shared Space Rec & Lessons - 2

Lanes open for Recreational Swim

POOL SCHEDULE FALL 2025 November 10 - 16

Aquafit

Shallow

Aquafit

Leisure Swim

10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

Fit

Together

Fit

Togethe

Leisure Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:00p - 9:25p

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority,

Shared Space Lap & Lessons - 1-2 Lanes

open for Lap Swim

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk

8:30a - 9:15a

9:15a - 10:00a

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1:00p - 1:45p

Lan Swim

1:50p - 4:30p

1 Lane

Reserved for

Hydro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lane or

Leisure Swim

Available

Shared Space

7:30p - 9:25p

Lap Swim

6:00a - 9:10a

9:15a - 10:10a

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Lap Swim

12:50p - 3:55p

Swimming

Lessons

4:00p - 6:30p

2 Lanes

Available

Children 5 years old and younger: 1:4

Shared Space - 2 Lanes open for Lap Swim & 3

Lanes for Recreational Swimming/Lessons

Children 8 & over: 1:10

Leisure Swim

8:00a - 9:10a

Aquafit

Swimming

Lessons

10:15a - 1:15p

No Lan or

Leisure Swim

Available

Leisure Swim

3:00p-5:25p

Lap Swim

8:00a - 9:10a

9:15a - 10:00a

Swimming

Lessons

10:15a - 1:15p

No Lap or

Leisure Swim

Available

2 Lane avail

Lap Swim

11:45a - 1:00p

Bronze Med

Shared Space

Lan & Lessons

1:00p - 3:00p

Shared Space

3:00p-5:25p

Leisure Swim

8:00a - 8:55a

Swimming

Lessons

9:00a - 1:00p

No Lap or

Leisure Swim

Available

Leisure Swim

1:00p - 5:25p

Family Swim

4:00p - 5:25p

Family Swim - Waterslide May be Open *Subject to

change based on staffing*

Lap Swim

8:00a - 8:55a

Swimming

Lessons

9:00a - 1:00p

No Lap or

Leisure Swim

Available

Bronze Cross

Shared Space

Rec & Lessons

1:00p - 4:00p

1 Lane Avail.

Lap Swim

1:00p - 4:00p

Family Swim

4:00p - 5:25p

6:000 - 0:100

Combo

Aquafit

Leisure Swim

10:15a - 11:55a

HITT

Leisure Swim

12:50p - 3:55p

Swimming

Lessons

4:00p - 6:30p