

POOL SCHEDULE FALL 2025

December 8 - 14

Monday Dec 8		Tuesday Dec 9		Wednesday Dec 10		Thursday Dec 11		Friday Dec 12		Saturday Dec 13		Sunday Dec 14	
Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a			Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a
Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a							
Combo Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a			
Leisure Swim 10:15a - 10:30	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 11:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:05a - 3:55p	NL Course Shared Space Rec & Lessons, 10:05-3:55 1 Lane Avail. Lap Swim	Leisure Swim 10:00a - 3:55p	NL Course Shared Space Rec & Lessons, 10:00-3:55 1 Lane Avail. Lap Swim
Swimming Lessons 10:30 - 11:30a		Swimming Lessons 11:00a - 11:30a											
Leisure Swim 11:30a - 11:55a													
Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available					
Fit Together 1:00p - 1:45p	Leisure Swim 1:50p - 4:30p Lap Swim 1:50p - 4:30p Only 2 Lanes Avail. 4:00p - 4:30p	Leisure Swim 12:50p - 4:25p Lap Swim 12:50p - 4:25p 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p	Leisure Swim 12:50p - 1:30p Swimming Lessons 1:30p - 3:30p Leisure Swim 3:30p - 4:25p	Lap Swim 12:50p - 4:30p Only 3 Lanes Avail. 4:00p - 4:30p	Leisure Swim 1:50p - 9:25p Lap Swim 1:50p - 7:25p 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p	Fit Together 1:00p - 1:45p	Leisure Swim 12:50p - 6:25p Lap Swim 12:50p - 6:25p	Leisure Swim 12:50p - 6:25p Lap Swim 12:50p - 6:25p	Family Swim 4:00p - 5:25p	Family Swim 4:00p - 5:25p	Family Swim 4:00p - 5:25p	Family Swim 4:00p - 5:25p	Family Swim 4:00p - 5:25p
Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:00p	Leisure Swim 7:05p - 9:25p Lap Swim 7:30p - 9:25p	Shared Space 7:30p - 9:25p							
No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available									
No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available									
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Leisure Swim 7:30 - 8:10p	Lap Swim 7:30 - 8:10p	Fit Together 7:30p - 8:30p	Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p									
H2O HIIT 8:15p - 9:00p 1 Lap Lane Available		Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p										
Leisure Swim 9:00p - 9:25p	Lap Swim 9:05p - 9:25p												