Leisure Swim

6:002 - 0:102

Shallow

Aquafit

Leisure Swim

10:15a - 11:55a

Fit

Together

Leisure Swim

12:50p - 1:30p

Swimming

Lessons

1:30p - 3:30p

Leisure Swim

3:30n - 4:25n

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:05p - 9:25p

Lap Swim

6:000 - 0:100

9:15a - 10:10a

Lan Swim

10:15a - 11:55a

12:00p - 12:45p

Gray Academy

12:40p - 1:30p

Lanes 4 & 5

Lan Swim

12:50p - 4:30p

Only

3 Lanes Avail.

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swin

Available

1 Lane avail.

Lan Swim

4:30p - 5:00p &

7:00p - 7:30p

Lap Swim

7:30p - 9:25p

Parents must be within arms reach in the pool following these ratios:

Shared Space Rec & Lessons - 2

Lanes open for Recreational Swim

6:00a - 8:25a

8:30a - 9:15a

9:15a - 10:00a

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Gray Academy

12:40p - 1:30p

Lanes 4 & 5

Lan Swim

12:50p - 4:25p

1 Lane

Reserved for

Hydro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Available

1 Lane avail

Lan Swim

4:30p - 5:00p &

7:00p - 7:30p

7:30p - 8:30p

Shared Space

8:30p - 9:25p

Swim Lessons - No

Lap/Leisure Swim Available

6:00a - 8:25a

Aquafit

Shallow

Aquafit

Leisure Swim

10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

H20

HITT

Laigura Swim

12:50p - 4:25p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Available

Fit Together

Leisure Swim

8:30p - 9:25p

6:15 AM 6:30 AM

6:45 AM

7:00 AM

7:15 AM

7:30 AM 7:45 AM 8:00 AM 8:15 AM

8:30 AM

8:45 AM

9:00 AN 9:15 AN 9:30 AN

9:45 AM

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6:30 PM 6:45 PM

7:00 PM

7:15 PM

7:30 PN

7:45 PM

8-nn pm

8:15 PN

8:30 PM

8:45 PM

9:00 PM

9:15 PM

9:30 PM

NOTE

NOTE:

Leisure Swim

6:002 - 8:252

Aquafit

Combo

Aquafit

Leisure Swim

10:15a - 10:30

Swimming

Lessons

10:30 - 11:30a

Leisure Swim

11:30a - 11:55a

Together

Fit

Together

Leisure Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Available

Leisure Swim

7:30 - 8:10p

H20

HIIT

9:00p - 9:25p

Aquafit - No

Lap/Leisure Swim

Available

Lap Swim

6:000 - 8:250

8:30a - 9:15a

9:15a - 10:00a

Lan Swim

10:15a - 11:55a

12:00n - 12:45n

1:00p - 1:45p

Lap Swim

1:50p - 4:30p

Only

2 Lanes Avail

4:00p - 4:30p

Swimming

Lessons

4:30p - 7:30p

No Lap or

Available

2 Lanes avail

Lap Swim

7:00p - 7:30p

Lap Swim

7:30 - 8:10p

8:15n - 9:00n

1 Lap Lane

Available

9:05p - 9:25

Leisure Pool

Available/All Lanes

in for Lap Swim

POOL SCHEDULE FALL 2025
December 1 - 7

6:00a - 8:25a

Aquafit

Shallow

Aquafit

Leisure Swim

10:05a - 10:55a

Swimming

Lessons

11:00a - 11:30a

Fit

Together

Fit

Together

Leisure Swim

1:50p - 4:30p

Swimming

Lessons

4:30p - 7:00p

No Lap or

Leisure Swim

Available

Leisure Swim

7:00n - 9:25n

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Shared Space Lap & Lessons - 1-2 Lanes

open for Lap Swim

* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *

6:00a - 8:25a

8:30a - 9:15a

9:15a - 10:00a

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1:00p - 1:45p

Gray Academy

12:40p - 1:30p

Lap Swim

1:50p - 4:30p

1 Lane

Reserved for

Hvdro Therapy

2:00p - 3:00p

Swimming

Lessons

4:30p - 7:30p

No Lane or

Leisure Swim

Available

Shared Space

7:30p - 9:25p

Leisure Swim

6:002 - 0:102

Combo

Aquafit

Leisure Swim

10:15a - 11:55a

H20

HITT

Laigura Swim

12:50p - 3:55p

Swimming

Lessons

4:00p - 6:30p

Lap Swim

6.000 - 0.100

9:15a - 10:10a

Lan Swim

10:05a - 11:55a

12:00p - 12:45p

1 Lap Lane

Available

Lan Swim

12:50p - 3:55p

Swimming

Lessons

4:00p - 6:30p

2 Lanes

Available

Children 5 years old and younger: 1:4

Shared Space - 2 Lanes open for Lap Swim & 3

Lanes for Recreational Swimming/Lessons

Children 6 & 7: 1:6 Children 8 & over: 1:10

8:00a - 9:10a

9:15a - 10:00a

Shared Snace

10:05 - 3:55p

NI CRASH

COLIBSE

MAY BE USING

LANE OR OPEN

SPACE

Family Swim

4:00p - 5:25p

Leisure Swim

8:00a - 9:10a

Aquafit

Leisure Swim

10:05a - 3:55p

Family Swim

4:00p - 5:25p

Lap Swim

Leisure Swim

8:00a - 10:05a

Leisure Swim

10:05a - 3:55p

Family Swim

4:00p - 5:25p

Family Swim - Waterslide May be Open *Subject to

change based on staffing*

Lap Swim

8:00a - 10:05a

Shared Space

10:05 - 3:55n

NL CRASH

COLIBSE

MAY BE HISING

LANE OR OPEN

SPACE

Family Swim

4:00p - 5:25p