

# POOL SCHEDULE SPRING 2026

May 18th - May 24th

	Monday May 18th		Tuesday May 19th		Wednesday May 20th		Thursday May 21st		Friday May 22nd		Saturday May 23rd		Sunday May 24th					
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool				
6:00 AM	<b>Closed for Holiday</b>																	
6:15 AM																		
6:30 AM																		
6:45 AM																		
7:00 AM					Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a			Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
7:15 AM																		
7:30 AM																		
7:45 AM																		
8:00 AM	<b>Closed for Holiday</b>																	
8:15 AM																		
8:30 AM																		
8:45 AM																		
9:00 AM					Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a									
9:15 AM																		
9:30 AM					Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a				Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a			
9:45 AM																		
10:00 AM																		
10:15 AM																		
10:30 AM																		
10:45 AM																		
11:00 AM			Swimming Lessons 10:15a - 11:45a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 10:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:15a - 1:15p	Swimming Lessons 10:15a - 3:00p	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p				
11:15 AM																		
11:30 AM																		
11:45 AM	Leisure Swim 8:00a - 3:25p	Lap Swim 8:00a - 3:25p																
12:00 PM																		
12:15 PM			H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H2O HITT 12:00p - 12:45p 1 Lap Lane Available									
12:30 PM																		
12:45 PM																		
1:00 PM																		
1:15 PM			Leisure Swim 12:50p - 1:55p		Leisure Swim 12:45p - 1:25p		Fit Together 1:00p - 1:45p											
1:30 PM																		
1:45 PM																		
2:00 PM			Hydrotherapy 2:00p - 2:45p	Lap Swim 12:50p - 4:25p	Swimming Lessons 1:30p - 3:30p	Lap Swim 12:45p - 4:25p			Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p								
2:15 PM																		
2:30 PM																		
2:45 PM																		
3:00 PM																		
3:15 PM			Leisure Swim 2:50p - 4:25p				Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p										
3:30 PM																		
3:45 PM																		
4:00 PM					Leisure Swim 3:30p - 4:25p	3 Lanes Avail. 4:00p - 4:25p												
4:15 PM																		
4:30 PM																		
4:45 PM			Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p								
5:00 PM																		
5:15 PM																		
5:30 PM																		
5:45 PM																		
6:00 PM	<b>Closed for Holiday</b>		No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available								
6:15 PM																		
6:30 PM																		
6:45 PM																		
7:00 PM																		
7:15 PM																		
7:30 PM																		
7:45 PM																		
8:00 PM																		
8:15 PM			Fit Together 7:30p - 8:30p				Leisure Swim 7:05p - 9:25p	Lap Swim 7:00p - 7:30p										
8:30 PM																		
8:45 PM																		
9:00 PM			Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p			Lap Swim 7:30p - 9:25p											
9:15 PM																		
9:30 PM																		

**NOTE:** Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2  
Children 6 & 7: 1:4  
Children 8 & over: 1:10

**NOTE:** Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

<b>Aquafit - No Lap/Leisure Swim Available</b>	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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\* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk \*