

# POOL SCHEDULE SPRING 2026

May 11th - May 17th

	Monday May 11th		Tuesday May 12th		Wednesday May 13th		Thursday May 14th		Friday May 15th		Saturday May 16th		Sunday May 17th	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim	Lap Swim	Leisure Swim	Lap Swim			Leisure Swim	Lap Swim	Leisure Swim	Lap Swim				
7:15 AM	6:00a - 8:25a	6:00a - 8:25a	6:00a - 8:25a	6:00a - 8:25a			6:00a - 8:25a	6:00a - 8:25a	6:00a - 8:25a	6:00a - 8:25a				
7:30 AM														
7:45 AM														
8:00 AM														
8:15 AM														
8:30 AM														
8:45 AM	Combo Aquafit	8:30a - 9:15a	Deep Aquafit	8:30a - 9:15a			Deep Aquafit	8:30a - 9:15a			Leisure Swim	Lap Swim	Leisure Swim	Lap Swim
9:00 AM											8:00a - 9:10a	8:00a - 9:10a	8:00a - 8:55a	8:00a - 8:55a
9:15 AM														
9:30 AM	Combo Aquafit	9:15a - 10:00a	Shallow Aquafit	9:15a - 10:00a			Shallow Aquafit	9:15a - 10:00a			Aquafit 9:15a - 10:00a			
9:45 AM														
10:00 AM														
10:15 AM	Leisure Swim						Leisure Swim	Lap Swim	Leisure Swim	Lap Swim				
10:30 AM	10:15a - 10:30a		Swimming Lessons	Lap Swim	Leisure Swim	Lap Swim	10:15a - 10:55a	Lap Swim	10:15a - 11:55a	10:15a - 11:55a	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons
10:45 AM	Swimming Lessons	Lap Swim	10:15a - 11:45a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a		10:15a - 11:55a	10:15a - 11:55a	10:15a - 11:55a	10:15a - 1:15p	10:15a - 3:00p	9:00a - 1:15p	9:00a - 1:15p
11:00 AM	10:30a - 11:30a	Lap Swim					Swimming Lessons							
11:15 AM	10:30a - 11:30a													
11:30 AM	Leisure Swim													
11:45 AM	11:30p - 12:00p						11:00a-12:00p							
12:00 PM														
12:15 PM														
12:30 PM	Fit Together	12:00p-12:45p	H2O HITT	12:00p-12:45p 1 Lap Lane Available	Fit Together	12:00p-12:45p	Fit Together	12:00p-12:45p	H2O HITT	12:00p-12:45p 1 Lap Lane Available				
12:45 PM														
1:00 PM														
1:15 PM	Fit Together	1:00p - 1:45p	Leisure Swim		Leisure Swim		Fit Together	1:00p - 1:45p						
1:30 PM			12:50p - 1:55p		12:45p - 1:25p									
1:45 PM														
2:00 PM														
2:15 PM			Hydrotherapy		Swimming Lessons	Lap Swim			Leisure Swim	Lap Swim				
2:30 PM		Lap Swim	2:00p-2:45p	Lap Swim	1:30p - 3:30p	12:45p - 4:25p			12:50p - 3:55p	12:50p - 3:55p				
2:45 PM														
3:00 PM	Leisure Swim	Lap Swim												
3:15 PM	1:45p - 4:25p	1:45p - 4:25p												
3:30 PM														
3:45 PM			Leisure Swim		Leisure Swim									
4:00 PM			2:50p - 4:25p		3:30p - 4:25p									
4:15 PM		3 Lanes Avail.												
4:30 PM		4:00p - 4:25p												
4:45 PM														
5:00 PM	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons				
5:15 PM	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:30p	4:30p - 7:00p	4:30p - 7:30p	4:30p - 7:00p	4:30p - 7:30p	4:00p - 6:30p	4:00p - 6:30p				
5:30 PM														
5:45 PM														
6:00 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lane or Leisure Swim Available		2 Lanes Available				
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM														
7:15 PM														
7:30 PM														
7:45 PM														
8:00 PM														
8:15 PM														
8:30 PM	Leisure Swim	Lap Swim	Fit Together	7:30p - 8:30p	Leisure Swim	Lap Swim	Leisure Swim	Lap Swim						
8:45 PM	7:35p - 9:25p	7:30p - 9:25p			7:05p - 9:25p	7:30p - 9:25p	7:05p - 9:25p	7:30p - 9:25p						
9:00 PM														
9:15 PM			Leisure Swim	Shared Space										
9:30 PM			8:30p - 9:25p	8:30p - 9:25p										

**NOTE:** Children 5 years old and younger: 1:2  
 Children 6 & 7: 1:4  
 Children 8 & over: 1:10  
**Parents must be within arms reach in the pool following these ratios:**

**NOTE:** Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

<b>NOTE:</b>	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1-2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
--------------	--	--	---	--	--	--

\* Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training. For more information on these programs, please see the Sports Desk \*