

POOL SCHEDULE SPRING 2026

May 4th - 10th

	Monday May 4th		Tuesday May 5th		Wednesday May 6th		Thursday May 7th		Friday May 8th		Saturday May 9th		Sunday May 10th	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a			Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a				
7:15 AM														
7:30 AM														
7:45 AM														
8:00 AM														
8:15 AM														
8:30 AM														
8:45 AM	Combo Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a				Deep Aquafit 8:30a - 9:15a				Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
9:00 AM														
9:15 AM														
9:30 AM	Combo Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a			
9:45 AM														
10:00 AM														
10:15 AM	Leisure Swim 10:15a - 10:30a													
10:30 AM	Swimming Lessons 10:30a - 11:30a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:15a - 11:45a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a			Swimming Lessons 9:00a - 1:15p	Swimming Lessons 9:00a - 1:15p
10:45 AM														
11:00 AM														
11:15 AM														
11:30 AM	Leisure Swim 11:30p - 11:55p													
11:45 AM														
12:00 PM														
12:15 PM	Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		H2O HIIT 12:00p - 12:45p 1 Lap Lane Available				No Lap or Leisure Swim Available	No Lap or Leisure Swim Available
12:30 PM														
12:45 PM														
1:00 PM	Fit Together 1:00p - 1:45p				Leisure Swim 12:45p - 1:25p		Fit Together 1:00p - 1:45p							
1:15 PM														
1:30 PM														
1:45 PM														
2:00 PM														
2:15 PM														
2:30 PM														
2:45 PM														
3:00 PM	Leisure Swim 1:45p - 4:25p	Lap Swim 1:45p - 4:25p	Leisure Swim 12:50p - 4:25p	Hydrotherapy 2:00p-2:45p 4 Lanes Avail	Swimming Lessons 1:30p - 3:30p	Lap Swim 12:45p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p			Leisure Swim 1:20p - 3:55p	Bronze Cross Shared Space Rec & Lessons, 1:20p - 4:00p
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM														
4:15 PM														
4:30 PM														
4:45 PM														
5:00 PM	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p				
5:15 PM														
5:30 PM														
5:45 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available				
6:00 PM														
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM														
7:15 PM														
7:30 PM														
7:45 PM														
8:00 PM														
8:15 PM														
8:30 PM	Leisure Swim 7:35p - 9:25p	Lap Swim 7:30p - 9:25p	Fit Together 7:30p - 8:30p		Leisure Swim 7:05p - 9:25p	Lap Swim 7:35p - 9:25p	Leisure Swim 7:05p - 9:25p	Shared Space 7:35 - 9:25p						
8:45 PM														
9:00 PM														
9:15 PM														
9:30 PM														

NOTE: Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2
Children 6 & 7: 1:4
Children 8 & over: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1 - 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *