

POOL SCHEDULE FALL 2026

September 21 - 27

	Monday Sep 21st		Tuesday Sep 22nd		Wednesday Sep 23rd		Thursday Sep 24th		Friday Sep 25th		Saturday Sep 26th		Sunday Sep 27th	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM	Facility Closed due to Holiday													
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM			Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a				
7:15 AM														
7:30 AM														
7:45 AM														
8:00 AM														
8:15 AM														
8:30 AM														
8:45 AM														
9:00 AM			Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Deep Aquafit 8:30a - 9:15a		Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a	Lap Swim 8:00a - 8:55a
9:15 AM														
9:30 AM			Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Shallow Aquafit 9:15a - 10:00a		Aquafit 9:15a - 10:00a			
9:45 AM														
10:00 AM														
10:15 AM														
10:30 AM														
10:45 AM			Swimming Lessons 10:00a - 12:00p	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:15a - 11:55a			Swimming Lessons 10:00a - 1:15p	Swimming Lessons 10:00a - 3:00p	Swimming Lessons 9:00a - 1:15p	Swimming Lessons 9:00a - 1:15p
11:00 AM														
11:15 AM														
11:30 AM														
11:45 AM														
12:00 PM			H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p				No Lap or Leisure Swim Available 1 Lane avail. Lap Swim 11:45a - 1:00p		No Lap or Leisure Swim Available	No Lap or Leisure Swim Available
12:15 PM														
12:30 PM														
12:45 PM														
1:00 PM														
1:15 PM				Lap Swim 12:50p - 2:00p	Leisure Swim 12:50p - 1:25p	Lap Swim 12:50p - 4:25p								
1:30 PM														
1:45 PM														
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NOTE:													
Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2 Children 6 & 7: 1:4 Children 8-11: 1:10													
NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.													
Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*							

* Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk *