

POOL SCHEDULE FALL 2026

September 14 - 20

Monday Sep 14th		Tuesday Sep 15th		Wednesday Sep 16th		Thursday Sep 17th		Friday Sep 18th		Saturday Sep 19th		Sunday Sep 20th	
Leisure Pool		Lap Pool		Leisure Pool		Lap Pool		Leisure Pool		Leisure Pool		Leisure Pool	
6:00 AM	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a			
6:15 AM													
6:30 AM													
6:45 AM													
7:00 AM													
7:15 AM													
7:30 AM	Shallow Aquafit 8:30a - 9:15a	8:30a - 9:15a	Shallow Aquafit 8:30a - 9:15a	8:30a - 9:15a	Shallow Aquafit 8:30a - 9:15a	8:30a - 9:15a	Shallow Aquafit 8:30a - 9:15a	8:30a - 9:15a	Shallow Aquafit 8:30a - 9:15a	8:30a - 9:15a	Leisure Swim 8:00a - 9:10a	Lap Swim 8:00a - 9:10a	Leisure Swim 8:00a - 8:55a
7:45 AM													
8:00 AM													
8:15 AM													
8:30 AM													
8:45 AM													
9:00 AM	Deep Aquafit 9:15a - 10:00a	9:15a - 10:00a	Deep Aquafit 9:15a - 10:00a	9:15a - 10:00a	Deep Aquafit 9:15a - 10:00a	9:15a - 10:00a	Deep Aquafit 9:15a - 10:00a	9:15a - 10:00a	Deep Aquafit 9:15a - 10:00a	9:15a - 10:00a	Aquafit 9:15a - 10:10a		
9:15 AM													
9:30 AM													
9:45 AM													
10:00 AM													
10:15 AM													
10:30 AM	Swimming Lessons 10:00a - 11:00a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:00a - 12:00p	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:05a - 10:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 10:15a - 1:15p	Swimming Lessons 10:15a - 3:00p	Swimming Lessons 9:00a - 1:15p
10:45 AM													
11:00 AM													
11:15 AM													
11:30 AM													
11:45 AM													
12:00 PM	Fit Together 12:00p-12:45p	12:00p-12:45p	1 Lap Lane Available	Fit Together 12:00p-12:45p	12:00p-12:45p	Fit Together 12:00p-12:45p	12:00p-12:45p	Aqua Barre 12:00p - 12:45p	1 Lap Lane Available	12:00p - 12:45p	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available
12:15 PM													
12:30 PM													
12:45 PM													
1:00 PM													
1:15 PM													
1:30 PM	Fit Together 1:00p - 1:45p	1:00p - 1:45p	Lap Swim 12:50p - 2:00p	Hydrotherapy 2:00p-2:45p	4 Lanes Avail.	Swimming Lessons 1:30p - 3:30p	Lap Swim 12:50p - 4:25p	Fit Together 1:00p - 1:45p	1:00p - 1:45p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p	2 Lanes avail. Lap Swim 1:00p - 3:00p	Leisure Swim 1:20p - 2:25p
1:45 PM													
2:00 PM													
2:15 PM													
2:30 PM													
2:45 PM													
3:00 PM	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Lap Swim 2:45p - 4:25p	Leisure Swim 12:50p - 4:25p	Lap Swim 12:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 1:50p - 4:25p	Lap Swim 1:50p - 4:25p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 3:55p	LSI & SFL Combo Course	Leisure Swim 1:20p - 2:25p
3:15 PM													
3:30 PM													
3:45 PM													
4:00 PM													
4:15 PM													
4:30 PM	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 7:25p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p	1 Lane Avail.	Shared Space 3:00p - 5:25p
4:45 PM													
5:00 PM													
5:15 PM													
5:30 PM													
5:45 PM													
6:00 PM	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 7:25p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:30p - 8:10p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p	1 Lane Avail.	2 Lanes Avail.	Closed for Holiday
6:15 PM													
6:30 PM													
6:45 PM													
7:00 PM													
7:15 PM													
7:30 PM	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p	7:30p - 8:30p	Fit Together 7:30p - 8:30p
7:45 PM													
8:00 PM													
8:15 PM													
8:30 PM													
8:45 PM													
9:00 PM	Leisure Swim 8:10p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:25p - 9:25p	Shared Space 8:25p - 9:25p	Leisure Swim 8:25p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p	Lap Swim 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p	Shared Space 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p	Shared Space 8:10p - 9:25p	Leisure Swim 8:10p - 9:25p
9:15 PM													
9:30 PM													
9:45 PM													
10:00 PM													
10:15 PM													