

POOL SCHEDULE SUMMER 2026

July 6th - July 12th

Monday July 6th		Tuesday July 7th		Wednesday July 8th		Thursday July 9th		Friday July 10th		Saturday July 11th		Sunday July 12th	
Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM - 6:45 AM													
7:00 AM - 7:45 AM													
8:00 AM - 8:45 AM													
9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a		9:00 AM - 9:15 AM AquaFit Combo 9:00a - 9:45a	
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NOTE: Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:2
Children 6 & 7: 1:4
Children 8-11: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

AquaFit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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*** Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk ***