

POOL SCHEDULE FALL 2026

September 7 - 13

		Monday Sep 7th		Tuesday Sep 8th		Wednesday Sep 9th		Thursday Sep 10th		Friday Sep 11th		Saturday Sep 12th		Sunday Sep 13th	
		Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM	Closed Due to Holiday			Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Facility Closed due to Holiday		Facility Closed due to Holiday	
6:15 AM															
6:30 AM															
6:45 AM															
7:00 AM															
7:15 AM	Leisure Swim 8:15a - 3:25p	Lap Swim 8:15a - 3:25p													
7:30 AM															
7:45 AM															
8:00 AM															
8:15 AM															
8:30 AM				Shallow Aquafit 8:30a - 9:15a		Shallow Aquafit 8:30a - 9:15a		Shallow Aquafit 8:30a - 9:15a		Shallow Aquafit 8:30a - 9:15a					
8:45 AM															
9:00 AM				Deep Aquafit 9:15a - 10:00a		Deep Aquafit 9:15a - 10:00a		Deep Aquafit 9:15a - 10:00a		Deep Aquafit 9:15a - 10:00a					
9:15 AM															
9:30 AM															
9:45 AM															
10:00 AM	Leisure Swim 8:15a - 3:25p	Lap Swim 8:15a - 3:25p		Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a				
10:15 AM															
10:30 AM															
10:45 AM															
11:00 AM															
11:15 AM															
11:30 AM															
11:45 AM															
12:00 PM				H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Aqua Barre 12:00p - 12:45p 1 Lap Lane Available					
12:15 PM															
12:30 PM															
12:45 PM															
1:00 PM	Closed Due to Holiday														
1:15 PM															
1:30 PM															
1:45 PM															
2:00 PM															
2:15 PM															
2:30 PM															
2:45 PM															
3:00 PM															
3:15 PM															
3:30 PM	Closed Due to Holiday			Leisure Swim 12:50p - 7:25p	Lap Swim 12:50p - 7:25p	Staff Training 3:30p - 6:30p No Lanes Avail		Leisure Swim 1:50p - 9:25p	Lap Swim 1:50p - 9:25p	Closed Due to Holiday					
3:45 PM															
4:00 PM															
4:15 PM															
4:30 PM															
4:45 PM															
5:00 PM															
5:15 PM															
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5:45 PM															
6:00 PM	Closed Due to Holiday														
6:15 PM															
6:30 PM															
6:45 PM															
7:00 PM															
7:15 PM															
7:30 PM															
7:45 PM															
8:00 PM				Fit Together 7:30p - 8:30p		Leisure Swim 6:35p - 9:25p	Lap Swim 6:35p - 9:25p								
8:15 PM															
8:30 PM	Closed Due to Holiday			Leisure Swim 8:25p - 9:25p	Shared Space 8:25p - 9:25p			Shared Space 8:10p - 9:25p							
8:45 PM															
8:00 PM															
9:15 PM															
9:30 PM															

NOTE:

Parents must be within arms reach in the pool following these ratios:

Children 5 years old and younger: 1:2

Children 6 & 7: 1:4

Children 8-11: 1:10

NOTE:

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk *