

Pool Hours 8:15am - 3:30pm (NO SWIM/FITNESS CLASSES)
No Lap Swim 2:00pm - 4:00pm
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October

[illegible]

Children 5 years old and younger: 1:2
Children 6 & 7: 1:4
Children 8-11: 1:10

Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1- 2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterlide May be Open *Subject to change based on staffing*
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*** Please note that during lap swim times, a lane may be booked for Hydrotherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk ***